

**SLICED BACON** (2-3 strips/serving) \$6.00 CHICKEN SAUSAGE (2 links/serving) \$6.00 **SLICED HAM** (1 slice/serving) \$6.00

**GOLDEN POTATOES** \$4.50/serving Gourmet potatoes sauteed with onions, garlic and fresh herbs.

**SWEET POTATOES** \$4.50/serving Sweet potatoes sauteed with onions, garlic and fresh herbs.

**SLICED AVOCADO** \$3.25/ea. **HOUSEMADE QUACAMOLE** 4 oz. \$6.00 **ROASTED CORN SALSA 4 oz.** \$5.00

**GOAT CHEESE** \$4.00/half-pound \$5.00/half-pound **FETA CHEESE** 

ORGANIC COTTAGE CHEESE \$9.00/pound \$3.50/2 slices WHOLE GRAIN TOAST Served with butter packs and strawberry jam

or blueberry jam.

ZINGERMAN'S CHALLAH TOAST \$4.00/2 slices Served with butter packs and strawberry jam or blueberry jam.

A2 TORTILLA FACTORY ORIGINAL CHIPS \$15/bag POTATO CHIPS \$5/large bag ASSORTED CHIPS (individual bags) \$2/bag

\$6.50/ea.

\$45.00

**BRINERY SAUERKRAUT** 4 oz. \$4.00

#### **ASSORTED COOKIES**

Sugar, chocolate chip, almond, double chocolate, oatmeal raisin, peanut butter and brownies \$3.25/ea.

#### TASTY'S BAKERY

Vegan and gluten free. Choose from: brownie, chocolate chip cookie, oatmeal cookie, or half-moon peanut butter chocolate dipped. Individually wrapped.

vegan berry bars and vegan peanut butter granola bars.



#### FRESH FRUIT SALAD

small \$40 (serves 10) · medium \$75 (serves 20) · large \$110 (serves 30)

Pineapple, watermelon, honeydew, cantaloupe, red and green grapes, strawberries & blueberries. (seasonal fruits varie depending on the season).

#### **ORGANIC YOGURT PARFAIT**

small \$130 (serves 10) · large \$210 (serves 20)

Choice of plain or vanilla yogurt with favorite toppings to create your own! · Honey · Berries · Granola · Cocoa Granola · Peanuts · Walnuts · Chocolate Chips · Strawberry Jam · Blueberry Jam

#### **BEVERAGE SERVICE**

#### COLD BEVERAGES

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HOUSEMADE LEMONADE	\$6/pint	\$9/quart	\$12/half gallon				
ORGANIC JUICES: • ORANGE • GUAVA • MANGO	\$5/pint	\$8/quart	\$11/half gallon				
BOTTLED WATER 20oz			\$2.25				
LA CROIX (flavored water)			\$2.50				
SPINDRIFT: Grapefruit or Raspberry Lime			\$2.50				
COKE, DIET COKE, SPRITE (12oz can)			\$3.00				
ASSORTED FLAVORED ICED TEA			\$3.25				
HOT REVERAGES							

#### HOT BEVERAGES

ORGANIC HIGHER GROUNDS COFFEE OR DECAF (Traverse City) 1 gallon box (Serves 12 - 15) \$50.00 Includes creamers, sweeteners, stirrers, and cups.

HOT TEA Assorted (Serves 12 - 15) Includes assorted tea bags, sweeteners, stirrers, cups, and lemon slices.

Ask about our seasonal beverages too.

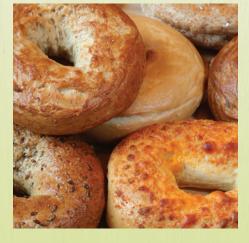
## FIRSTBITE

POSITIVE FOOD . POSITIVE LIFE













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# FIRSTBITE

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### CATERING











FirstBiteFoods.com

#### BREAKFAST

#### EGG SCRAMBLES - freshly made with organic eggs

small = 8-10 servings · large = 15-20 servings

FB EGG ONLY scrambled small \$50 large \$80 SPINACH & FETA small \$60 large \$110 Egg scramble, fresh cut spinach leaves with Feta cheese.

RICHIE'S VIBRANT VEGGIE small \$65 large \$115

Eggs, sautéed mushrooms, roasted bell peppers, spinach and cheddar cheese.

INDIAN MASALA small \$65 large \$115

Eggs, onions, garlic, tomato, jalapeno, cilantro, ginger and premium mix organic seasonings.

**FULLY LOADED MEAT** small \$75 large \$140

Eggs, bacon, chicken sausage, ham, peppers, onions, tomatoes.

#### **BREAKFAST WRAPS**

freshly made with organic eggs and individually wrapped \*small = 6/servings · large = 12/servings

small \$48 **EGG & CHEESE** large \$96

Scrambled eggs with cheddar cheese in a whole wheat tortilla.

small \$54 large \$108 Scrambled eggs, sautéed spinach, onions, red peppers, mushrooms, tomatoes, cheddar cheese in a

whole wheat tortilla. **BITE'S MEAT** small \$60 large \$120

Scrambled eggs, bacon, avocado, tomatoes, American cheese.

#### BAGEL PLATTER -served with organic cream cheese and butter.

\*small \$45 (10 bagels) • medium \$70 (20 bagels) • large \$110 (30 bagels)





#### SWEET STREET BREAKFAST PLATTER

\*small \$55 (10 servings) • medium \$85 (20 servings) • large \$125 (30 servings)

Cannelle's fresh baked goods and pastries, garnished with grapes and berries.

#### **BITE'S ULTIMATE SWEET FAVORITES**

**FLUFFY FRENCH TOAST** 

\$10.25/serving

Four slices of egg battered challah seasoned with orange zest, cinnamon, vanilla and topped with macerated fresh fruit - served with organic maple syrup and powdered sugar. (add whipped cream \$2.00). \*gluten free upon request\*

FIRST BITE'S CLASSIC WAFFLES

\$9.25/serving

A light golden waffle with a soft center made of eggs, flour, milk, sugar, vanilla and topped with fresh strawberries and blueberries and sprinkled with powdered sugar. Cut into four pieces and served with organic maple syrup. (add whipped cream \$2.00).

SILVER DOLLAR PANCAKES

\$10.75/serving

Stoneground whole wheat pancakes topped with macerated fresh fruit -served with organic maple syrup and powdered sugar. (add whipped cream \$2.00)

Choose from the following: Proper (plain) · Blueberry · Chocolate Chip · Banana Walnut. \*gluten free upon request\*

#### OUICHE

combination of organic eggs, half & half, salt, pepper and baked in a 10" pie crust. (serves 6-8) Choose hot or cold.

\*gluten free upon request\*

VEGETARIAN		MEAT	
Broccoli & tomatoes	\$21.95	Bacon, mushrooms & spinach	\$23.95
Spinach, mushrooms & roasted red peppers	\$22.95	Ham & cheddar	\$23.95
Asparagus, potatoes & cheddar cheese	\$22.95	Bacon, onion & Swiss	\$25.95

Turn your sandwiches into a boxed lunches: includes assorted cookies, chips and napkin +5.00 (Can substitute Tasty's vegan/gluten free cookies for an upcharge.) add fresh fruit cup or coleslaw +5.00

#### **VEGETARIAN & VEGAN WRAPS & SANDWICHES**

**A2 AVOCADO WRAP** 

\$10.25

Avocado slices, feta cheese, crispy onions and roasted tomatoes wrapped in a spinach tortilla with a balsamic glaze and a hint of salt & pepper for taste -House Favorite!!.

\$13.50

Our housemade black bean patty topped with sauteed zucchini, mushrooms and bell peppers, housemade peanut sauce and spinach inside whole wheat tortilla.

**BEET & CHICK PEA WRAP** 

\$11.50

Beets and chick peas mixed with fresh spinach, onions and coleslaw and wrapped with whole wheat tortilla.

ROASTED VEGETABLE WRAP

\$11.50

Potatoes, zucchini, tomatoes, black olives, red peppers and onions with a drizzle balsamic dressing and wrapped in a tomato tortilla.

**3 CHEESE SANDWICH** 

\$10.50

American, Swiss and Colby jack cheeses stacked on white bread with a basil pesto spread.

\$11.50

Sliced cucumbers, beets, pitted Kalamata olives, red onions, tomatoes, banana peppers, quinoa and feta cheese and dressed with our balsamic dressing.

**VIVEK'S TOFU VEGAN WRAP** 

\$11.75

Vivek's orange marinated tofu mixed with garlic, ginger, vinegar, hot sauce and fresh oranges squeezed then wrapped in our spinach tortilla.

#### **MEAT WRAPS & SANDWICHES**

BLT WRAP

\$10.50

Bacon, lettuce and tomato all wrapped together with a whole wheat tortilla with mayonnaise.

Organic turkey patty (blended with feta and fresh vegetables) with sauteed mushrooms, onions, spinach and our special First Bite sauce.

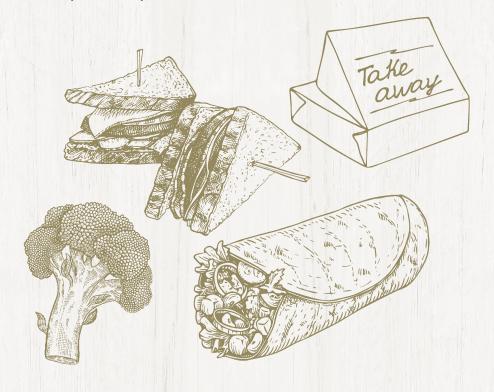
**CHICKEN PATTY WRAP** 

\$14.50

Organic chicken patty with roasted red peppers, scallions and spinach and FB very own BBO sauce.

**BITE'S CLUB SANDWICH** 

Ham, turkey and bacon layered with American cheese on a soft bread with an herbed aioli sauce.



#### FIRST BITE SPECIALTY SALADS

small (serves 10-12) · medium (serves 20-22) · large (serves 30-34) · add chicken, turkey or beef patty \$5.00/patty (served on the side)

FIRST BITE SALAD

sm \$35

lg \$70 Spring mix tossed with grape tomatoes, sliced cucumbers, red onions and sliced carrots, and served with a choice of balsamic or ranch dressings.

**MEDITERRANEAN SALAD** 

lg \$90

Organic spinach and spring mix blend tossed in our homemade creamy avocado balsamic dressing, topped with sliced cucumbers, sliced beets, pitted Kalamata olives, red onions, cherry tomatoes, pepperoncini and feta cheese.

DRIED CHERRY MICHIGAN SALAD

sm \$55

sm \$55

Organic arugula and spring mix blend tossed in our homemade cherry vinaigrette, topped with

dried cherries, sliced apples, crumbled goat cheese and whole walnuts.

**AVOCADO QUINOA SALAD** 

A nutritious and refreshing blend of organic quinoa, spinach, tomatoes, cucumbers, fresh squeezed lemon juice, organic olive oil, lightly seasoned with salt & pepper and topped with fresh cut avocado.

SWEET POTATO SALAD

med \$75

lg \$95

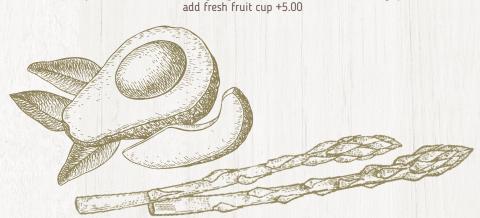
Mixed greens and radicchio tossed with a cider vinegar and blended with baked sweet potatoes, sliced pears, pepita peppers, olive oil with salt and pepper and crumbled blue cheese.

**HOUSEMADE COLESLAW** 

\$9/pound

Green and purple cabbage with cut onions and tossed in our very own vegan dressing.

Turn your specialty salads into boxed lunches: includes assorted cookies, chips and napkin +15.00 (Can substitute Tasty's vegan/gluten free cookies for an upcharge.)



#### FIRST BITE HOUSEMADE SOUPS

\$5.75/pint (serving) • \$14.25/quart (three servings)

**ROASTED TOMATO BASIL** - GLUTEN FREE & VEGAN

Housemade with tomatoes, celery, carrots, onions and seasonings and. Served with gluten free croutons on the side.

**VEGGIE QUINOA** – GLUTEN FREE & VEGAN

Fresh seasonal vegetables, mushrooms, spinach, bell peppers and carrots simmered with organic quinoa, vegetable stock and seasonings.

#### RAUL'S HOUSEMADE GUACAMOLE & ROASTED SALSA PLATTER

\*small \$55 (serves 10) · medium \$80 (serves 20) · large \$95 (serves 30)

Includes Ann Arbor Tortilla Factory Original chips.

#### **CONSIDERATIONS**

- · Please inquire about disposable dinnerware as these can be added to your order.
- · Please be advised that each order has a half hour window for delivery, orders may arrive earlier than your requested time.
- · Please provide cell phone number when possible for easy contact upon delivery.
- · When placing your catering order please include accurate parking and location details for deliveries.